



**Doctors For Nutrition
Lifestyle Medicine
Conference**

SYDNEY, NEW SOUTH WALES
28 NOVEMBER, 2026

**Sponsorship &
Exhibition Prospectus**

Your invitation

Doctors For Nutrition warmly invites you to partner with us as a sponsor or exhibitor for the much-anticipated **Doctors For Nutrition Lifestyle Medicine Conference 2026**.

Taking place in iconic Sydney, this event is Australasia's only lifestyle medicine conference focused on whole food plant-based nutrition. Doctors For Nutrition is an independent, health-promotion charity led by medical and dietetic professionals, and our conference has been designed as a unique platform to explore evidence-based lifestyle strategies that are transforming health outcomes.

The program will feature the latest advancements alongside time-honoured research on the six pillars of lifestyle medicine. These pillars collectively form a powerful framework for preventing and managing chronic diseases, addressing some of the most pressing healthcare challenges of our time.

The **Doctors For Nutrition Lifestyle Medicine Conference 2026** is more than just an event—it is a catalyst for change, aimed at inspiring the adoption of healthier, more sustainable lifestyles. Join us as we work to create a world free from preventable disease so everyone can thrive and live to their full potential.

Board Chair and retired paediatrician,

Dr Heleen Haitjema





Doctors For Nutrition Lifestyle Medicine Conference 2026

The Doctors For Nutrition Lifestyle Medicine Conference 2026 (DFN LM26) is Australasia's only lifestyle medicine conference focused on the benefits of whole food plant-based nutrition. With up to 300 delegates expected, this exciting event aims to connect delegates from Australia, New Zealand, and beyond to learn from the world's leading voices in nutrition and lifestyle medicine.

Taking place in Sydney, known for its stunning natural landscapes and rich cosmopolitan history, the conference will take place on Saturday, 28th November 2026, at the Sydney Masonic Centre.

A robust program will be led by an array of invited medical, dietetic, and lifestyle medicine experts who will showcase the latest in evidence-based research showing how our lifestyle and eating patterns can influence health outcomes.

Join us as these world-leading experts showcase how the interconnected pillars of lifestyle medicine work synergistically to treat, manage, and prevent disease, revealing the transformative potential of this holistic approach to medicine.

DFN LM26 is an esteemed event that will provide opportunities for those across the healthcare and lifestyle spaces to come together to learn, collaborate, and discuss topics such as whole food plant-based nutrition, sleep, exercise, and stress reduction, to name a few.

The event will include plenary sessions, panel presentations, a social program, networking opportunities, and space for our valued industry partners to connect with delegates and other exhibitors.

Why join us at DFN LM26?

DFN LM26 offers a unique opportunity for sponsors and exhibitors to connect directly with a highly engaged and relevant audience. This event provides unparalleled opportunities to position your brand at the forefront of the nutrition, lifestyle, and wellness sector.

With five dedicated networking breaks, delegates will be actively encouraged to explore the exhibition space. Sponsors and exhibitors will be placed in prime locations, within the catering hub, to maximise visibility and engagement in the bustling exhibition space.

Amplify your reach before, during, and after the event.

Your brand creates touchpoints with a highly targeted audience of:

- Up to 300 conference delegates
- 8,500+ email subscribers
- 78,000 active website users
- 23,000+ social media followers

By joining us, you'll position your brand at the heart of an ever-growing movement focused on preventative healthcare, aligning with an audience passionate about transforming lives through nutrition and lifestyle medicine.

Maximise your exposure

Take advantage of exclusive opportunities to showcase your brand and connect meaningfully with attendees through:

- Face-to-face engagement - 5 networking breaks (5 hours total)
- Post-event brand presence - promotional material in delegates' satchels
- Multi-channel promotion - your message, products, and services across our digital and conference marketing platforms.

Who will you reach?

The conference attracts a diverse group of influential and forward-thinking professionals, including:

- Doctors, dietitians, nutritionists, nurses, dentists, students, and academics
- Advocates of evidence-based, healthy, plant-forward lifestyles
- An engaged general community sharing this message, and your brand to a growing audience.



FEEDBACK ABOUT THE NUTRITION & LIFESTYLE MEDICINE SYMPOSIUM, 2025

Loved every speaker that presented, especially the panel. I can't fault or criticise anyone, all were perfect. I didn't want the day to end.

- DELEGATE, NZ

As a first time attendee I really enjoyed the event and would consider attending in 2026

- DELEGATE, SA

Experienced presenters with a wealth of knowledge

- DELEGATE, WA



Sponsorships at a glance

Doctors For Nutrition is committed to delivering a successful experience for our sponsors. The following packages have been tailored to ensure sponsors realise maximum benefit to suit different budgets and aims.

Key sponsorship opportunities

(Full details of package benefits on the following page)

HARVEST - (one only)

\$6,000 + GST

SPROUT - (three only)

\$2,500 + GST

SEED

\$1,000 + GST

Bespoke sponsorship options

Product sponsor (satchel insert only)

\$250 + GST

Product or sponsor exhibitor stall

\$550 + GST

Technology partner (two only)

\$1,000 + GST

Morning tea sponsor (one only)

\$1,000 + GST

Lunch sponsor (one only)

\$1,000 + GST

Afternoon tea sponsor (one only)

\$1,000 + GST

Venue partner (one only)

\$1,000 + GST

DFN LM26 PRODUCT DISCLOSURE DETAILS

DFN LM26 values the support and participation of all sponsors and exhibitors. All sponsors and exhibitors must have content and samples approved by the planning committee. To streamline the approval process, please email events@doctorsfornutrition.org. More information can be found in our [Sponsorship Terms & Conditions](#).

Package benefits

	HARVEST \$6,000 + GST	SPROUT \$2,500 + GST	SEED \$1,000 + GST
Logo and branding on delegate satchel	✓	✗	✗
Logo on conference signage, title presentation slides, and all eDM and promotional material	✓	✓	✗
Stand alone social media post about your brand	X 3	X 2	X 1
Verbal acknowledgement from Chair - Opening and Closing	✓	✓	✓
Satchel* insert, flyer or product placement	✓	✓	✓
Company recognition on the conference webpage	250 words	150 words	Logo only
Advertisement in digital delegate handbook	Full page	Half page	'Partners' logo page
Delegate list with name, email, organisation and position (only includes those who opt in to share their details)	✓	✓	✓
Sponsor/exhibition registrations - entry and catering to full duration of the conference (\$95/pp for additional registrations)	X 4	X 3	X 2
Exhibition stall	2m table table (Priority selection)	2m table table	2m table table

*Pending support of an HARVEST sponsor, otherwise flyers and products will be placed on seats or handed to delegates.

Product sponsor

One item in delegate satchel - \$250 + GST

- A5 flyer or product sample in delegate satchel.
- Logo acknowledgement on sponsors page of the website (with link to your webpage)
- Logo advertisement in digital delegate handbook of 'Partners' logo page

Product or exhibitor stall

One full day conference - \$550 + GST

- 2m trestle table
- One conference registration - includes catering (\$95/pp for additional registrations)
- A5 flyer or product sample in delegate satchel
- Logo acknowledgement on sponsors page of the website (with link to your webpage)
- Logo advertisement in digital delegate handbook of 'Partners' logo page
- Conference delegate list of all consenting delegates



Other sponsorship opportunities

Technology/venue partner \$1,000 + GST

- Lifetime company recognition on the on-demand member webpage (available following in-person conference)
- Acknowledgement throughout on-demand e-learning platform
- Advertisement in digital delegate handbook (full page)
- Opportunity to display company signage throughout the day
- Delegate list with name, email, organisation and position (only includes those who opt-in to share their details)
- Two opportunities available (one venue partner)

Lunch sponsor \$1,000 + GST

- Exclusive naming rights to the lunch
- Logo acknowledgement as exclusive lunch sponsor in networking area
- Advertisement in digital delegate handbook (half page)
- Opportunity to showcase flyers and/or product placement on dinner tables
- Opportunity to display company signage at the lunch and networking sessions
- Verbal recognition during the Conference
- One exclusive lunch sponsor only

Morning/afternoon tea sponsor \$1,000 + GST

- Operating for the whole day for delegates in breaks and networking times
- Branding or signage near cart
- Banner display
- Advertisement in digital delegate handbook (half page)
- Logo acknowledgement on the conference webpage
- Opportunity for one coffee cart and one juice sponsor only.



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For further information, please contact
the conference office or visit the
conference website.

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[SPONSORSHIP TERMS & CONDITIONS](#)